

# INDIAN FOOD

A yummy food that I am sure you will love!

Have you ever taken a bite of the spicy goodness called Indian food?

## How Is Indian Food a Big Part of the Indian Culture?

Indian food is a big part of the Indian culture because Indian food is what makes India popular.

All of the flavors in Indian food is why people want to go to India. Indian food is known for its flavor, spiciness, herbs, and healthiness.



This is a spicy Indian cuisine called *Tandoori Chicken*

## How Do You Eat Indian Food?

In order to eat Indian food, you will need to have your hands, Indian food, *naan*, *roti*, *bread*, and no utensils. If you want to have a classic Indian meal, you can use your hands to scoop up the food with *roti* *bread* or *naan*.

## What Is Indian Food?

Indian food is a cuisine with a whole lot of flavor. Normally Indian food is stuffed with potatoes, away kinds of sauces, yogurt, and yummy beans. It is healthy and yummy food that I am sure everyone will love!

## Where Is Indian Food Popular?

Indian food is mostly popular in India because that is where Indian food was found. In the U.S.A., not many people go to Indian restaurants, because Indian food isn't popular in the U.S.A.



## How Do People get the Spices to Make Indian Food?

The spices that are in Indian food are grown locally in India. Most of them are healthy and very "spicy." I honestly love spicy Indian food, because it just has such outstanding flavors.

Now that you know about Indian food... why don't you dig in and enjoy the yumminess of Indian food?

## Glossary:

Tandoori Chicken:  
marinated in so many  
spices... that is why it is red.



Roti or Naan Bread:

Wheat flower bread rolled



out and flattened.